

North Central Counties

July 2024

ALPINE, AMADOR, CALAVERAS, EL DORADO, NAPA, PLACER, SACRAMENTO, SOLANO, SONOMA, YOLO



	Population ¹	Uninsured, 2022 ²	Uninsured, Incomes ≤ 138% Federal Poverty Level (FPL), 2022 ²
Sacramento	1,585,055	57,000 (3.6%)	14,000 (0.9%*)
Sonoma	488,863	24,000 (4.9%*)	-
Solano	453,491	9,000 (2.0%*)	-
Placer	404,739	10,000 (2.5%*)	-
Yolo	216,403	9,000 (4.2%*)	-
El Dorado	191,185	-	-
Napa	138,019	3,000 (2.2%*)	-

* Data for these counties are considered statistically unstable. | (-) Notes a value unavailable due to data masking.

	Population ¹
Calaveras	45,292
Amador	40,474
Alpine	1,204

In the California Health Interview Survey dataset², Alpine, Amador, and Calaveras data for this metric are grouped together with ITUP-designated Central Valley counties: Inyo, Mono, and Tuolumne. Data for the uninsured with incomes at or below 138% FPL are not available for these counties due to data masking. See ITUP's Central Valley Regional Coverage Fact Sheet (coming July 2024) for more data on Inyo, Mariposa, Mono, and Tuolumne counties.

Total Number of Uninsured in Amador, Alpine, Calaveras, Inyo, Mariposa, Mono, and Tuolumne counties combined: **8,000 (4.7%*)**

FIGURE 1. Race/Ethnicity Among the Uninsured, 2022²

Percent by Race	County Population							Insured							Uninsured						
	Latinx	White	Black	AI/AN	Asian	NH/PI	2+	Latinx	White	Black	AI/AN	Asian	NH/PI	2+	Latinx	White	Black	AI/AN	Asian	NH/PI	2+
Sacramento	23.1%	46.4%	10.2%	1.3%*	14.1%	-	3.9%	94.4%*	97.5%*	92.1%	100.0%*	97.0%*	-	99.7%*	5.6%*	2.5%*	-	-	3.0%*	-	-
Sonoma	26.9%	63.9%	-	-	6.6%*	-	2.4%*	90.2%*	96.4%	-	-	100.0%*	-	96.5%*	-	-	-	-	-	-	-
Solano	26.1%	39.2%	12.3%	-	12.8%	3.4%*	6.0%*	93.8%*	99.7%*	100.0%*	-	97.8%*	100.0%*	100.0%*	6.2%*	-	-	-	-	-	-
Placer	13.7%	74.3%	-	-	8.5%	-	3.1%*	94.2%*	97.7%*	-	-	100.0%*	-	100.0%*	-	-	-	-	-	-	-
Yolo	31.8%	47.6%	1.5%*	2.6%*	13.2%	-	3.1%*	93.7%*	100.0%*	100.0%*	100.0%*	82.8%*	-	97.8%*	6.3%*	-	-	-	-	-	-
El Dorado	14.0%	77.4%	-	-	4.1%*	-	4.5%*	96.4%*	100.0%*	-	-	100.0%*	-	100.0%*	-	-	-	-	-	-	-
Napa	34.3%	52.5%	0.9%*	-	5.0%*	-	4.7%*	93.3%*	99.8%*	100.0%*	-	100.0%*	-	100.0%*	6.7%*	-	-	-	-	-	-
Alpine, Amador, and Calaveras	11.8%	79.3%	0.8%*	2.0%*	3.6%*	-	2.6%*	100.0%*	94.9%*	100.0%*	79.8%*	100.0%*	-	87.9%*	-	5.1%*	-	-	-	-	-

In the California Health Interview Survey dataset², **Alpine, Amador, and Calaveras** data for these metrics are grouped together with ITUP-designated Central Valley counties: Inyo, Mariposa, Mono, and Tuolumne.

*Data for these counties are considered statistically unstable. | (-) Notes are unavailable due to data masking.



FIGURE 2. Employer-Sponsored Coverage, 2022²

	Employer-Sponsored Coverage Among North Central Counties	Race/Ethnicity Breakdown Among North Central Counties with Employer-Sponsored Coverage						
		Latinx	White	Black	AI/AN	Asian	NH/PI	2+
Sacramento	795,000 (51.5%)	23.2%	48.2%	8.2%	-	14.7%	-	5.0%
Sonoma	160,000 (34.2%)	21.2%*	69.8%*	-	-	7.8%*	-	1.0%*
Solano	231,000 (53.7%)	30.6%	37.4%	5.7%*	-	12.9%*	-	7.4%*
Placer	255,000 (63.1%)	14.5%	69.6%	-	-	12.2%	-	3.2%*
Yolo	123,000 (57.2%)	25.6%*	56.9%	-	-	11.0%*	-	4.8%*
El Dorado	103,000 (55.2%)	9.9%	79.3%	-	-	3.6%*	-	7.3%*
Napa	66,000 (50.7%)	26.2%*	59.7%	1.4%*	-	4.4%*	-	8.2%*
Amador, Alpine, Calaveras, Inyo, Mariposa, Mono, and Tuolumne**	73,000 (40.8%)	15.9%*	72.6%	-	-	6.3%*	-	3.5%*

** In the California Health Interview Survey dataset², **Alpine, Amador**, and **Calaveras** data for this metric are grouped together with ITUP-designated Central Valley counties: Inyo, Mono, and Tuolumne. See ITUP's Central Valley Regional Coverage Fact Sheet (coming July 2023) for more data on Inyo, Mariposa, Mono, and Tuolumne counties.

AI/AN=American Indian/Alaska Native | NH/PI = Native Hawaiian/Pacific Islander | 2+ = Two or More Races | * Data for these counties are considered statistically unstable.

(-) Notes a value unavailable due to data masking.

COVERED CALIFORNIA

FIGURE 3. Percent of Counties' Populations Enrolled in Covered California, December 2023³

	Total Enrollment	Subsidized Enrollees	Unsubsidized Enrollees
Sacramento	59,880 (3.8%)	56,140 (93.8%)	3,740 (6.2%)
Sonoma	23,950 (4.9%)	21,660 (90.4%)	2,290 (9.6%)
Solano	13,290 (2.9%)	12,390 (93.2%)	890 (6.7%)
Placer	19,060 (4.7%)	17,420 (91.4%)	1,640 (8.6%)
Yolo	6,900 (3.2%)	6,300 (91.3%)	610 (8.8%)
El Dorado	9,240 (4.8%)	8,500 (92.0%)	750 (8.1%)
Napa	5,730 (4.2%)	5,190 (90.6%)	540 (9.4%)
Calaveras	2,040 (4.5%)	1,960 (96.1%)	80 (3.9%)
Amador	1,570 (3.9%)	1,510 (96.2%)	60 (3.8%)
Alpine	60 (5.0%)	50 (83.3%)	10 (16.7%)

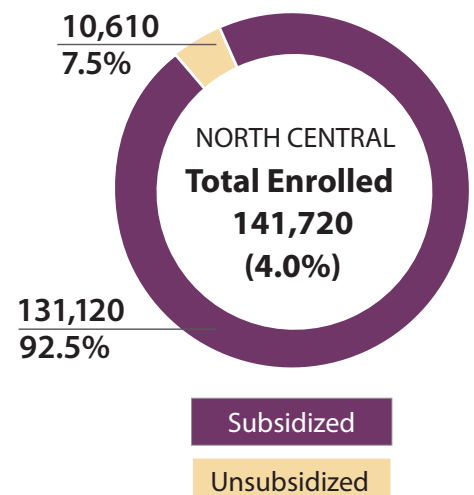
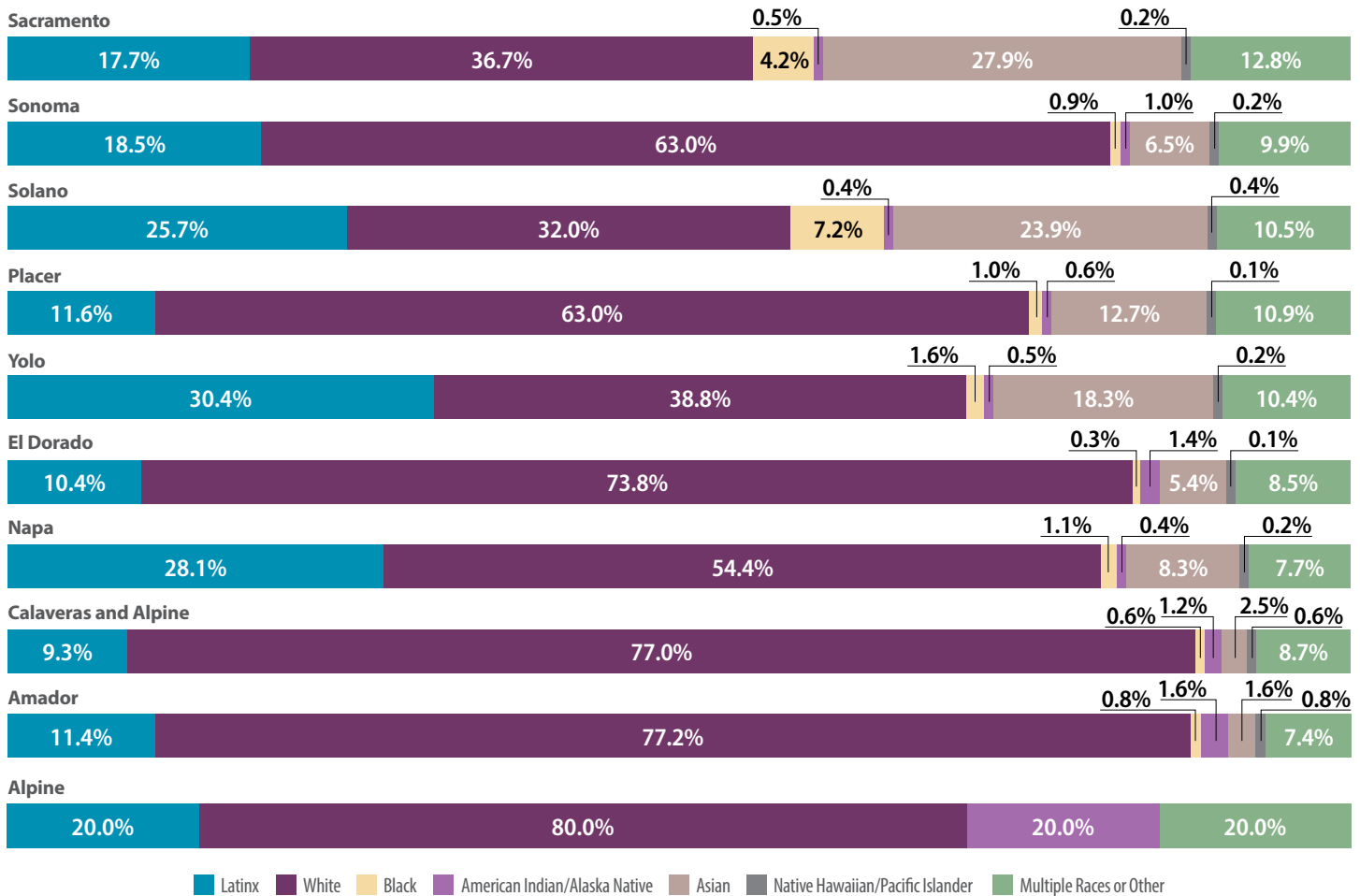




FIGURE 4. Covered California Enrollment by Race/Ethnicity, December 2023³



Covered California's data privacy policy rounds all figures to the nearest 10. As a result, grand totals shown may be more than 100 percent. Alpine county data, because of these rounding policies and a small population size, is particularly skewed. In addition, there was no data available for Black, Asian, and Native Hawaiian/Pacific Islander race/ethnicity categories in Alpine County.

FIGURE 5. Covered California Enrollment by FPL, December 2023³

	Under 138% FPL	Between 138% and 400% FPL	Between 400% and 600% FPL	Over 600% FPL
Sacramento	4.3%	81.8%	7.6%	3.6%
Sonoma	3.5%	70.9%	13.6%	7.7%
Solano	4.4%	78.8%	9.4%	4.5%
Placer	3.3%	72.7%	12.4%	7.1%
Yolo	6.1%	76.3%	8.4%	4.9%
El Dorado	4.9%	70.3%	12.3%	8.0%
Napa	3.3%	69.5%	14.5%	7.5%
Calaveras	2.9%	77.4%	12.3%	5.4%
Amador	3.2%	81.5%	8.9%	3.8%
Alpine	16.7%	83.4%	16.7%	16.7%

Enrollments where the FPL of the member is not known are not included here. Covered California's data privacy policy rounds all figures to the nearest 10. As a result, grand totals shown may be more than 100 percent. Alpine county data, because of these rounding policies and a small population size, is particularly skewed.



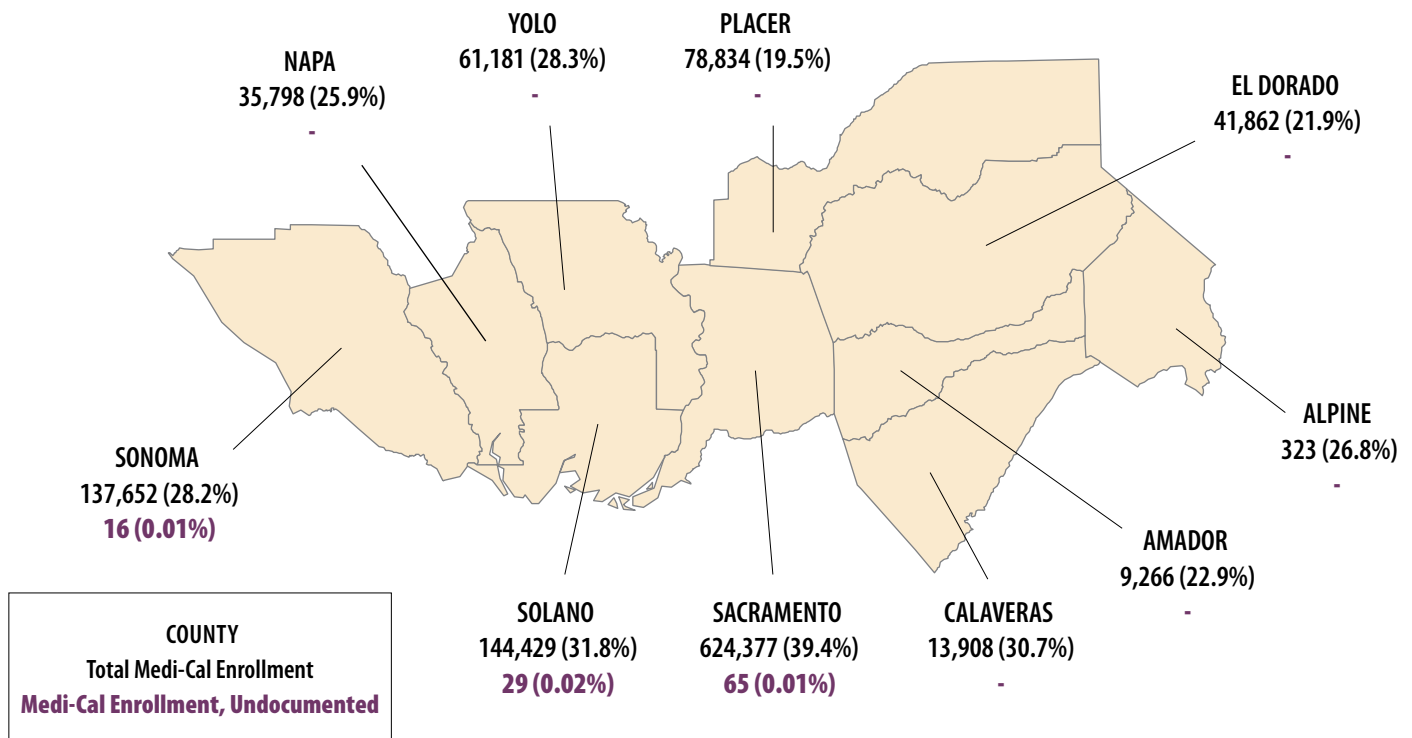
FIGURE 6. Covered California Enrollment by Health Plan, December 2023³

	Aetna Health CVS	Anthem Blue Cross	Blue Shield	Chinese Community Health Plan	Health Net	Kaiser Permanente	LA Care Health Plan	Molina Healthcare	Oscar Health Plan	Sharp Health Plan	Valley Health Plan	Western Health Advantage
Sacramento	660	2,060	13,110	-	760	41,020	10	10	10	10	10	2,250
Sonoma	-	1,800	2,370	-	10	17,170	10	-	10	10	10	2,600
Solano	-	690	560	-	10	11,280	10	-	-	-	10	760
Placer	390	2,220	4,450	-	350	10,920	10	-	-	10	10	720
Yolo	90	450	2,210	10	150	3,390	10	10	-	10	20	590
El Dorado	620	1,600	2,260	-	10	3,960	-	10	10	-	-	790
Napa	-	360	650	-	10	4,170	-	10	10	-	10	540
Calaveras	-	940	1,070	-	-	30	-	-	-	-	-	-
Amador	-	420	800	-	-	360	-	-	-	-	-	10
Alpine	-	20	40	-	-	-	-	-	-	-	-	-

Covered California's privacy policy rounds all figures to the nearest 10. As a result, grand totals shown may be slightly different from the totals in the individual plan data.

MEDI-CAL

FIGURE 7. Medi-Cal Enrollment, March 2024^{4,5}



(-) Notes a value unavailable due to data masking.



Total Medi-Cal Coverage in the North Central Counties
1,147,630 (32.2%)



FIGURE 8. Medi-Cal Enrollment by Race/Ethnicity, March 2024⁶

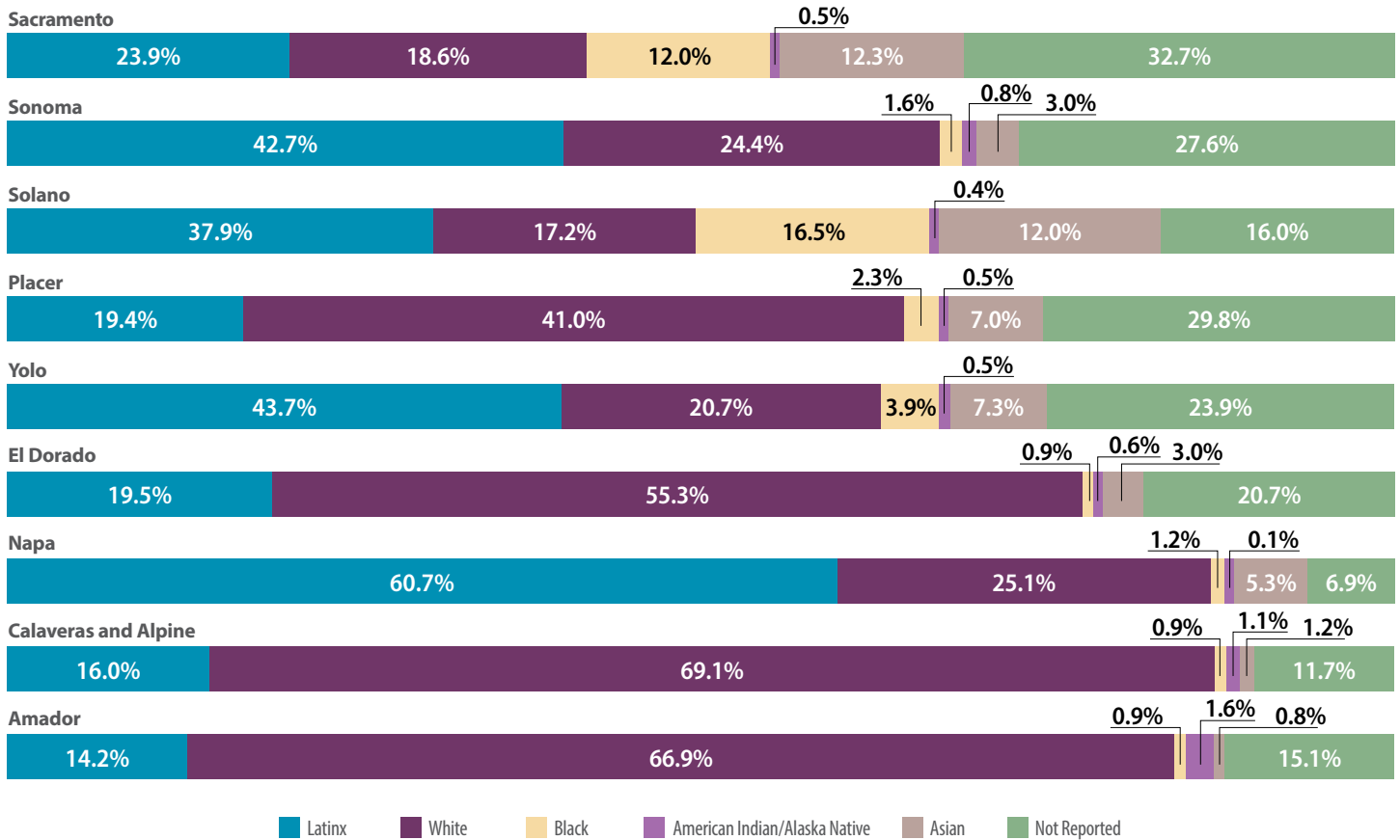


FIGURE 9. Medi-Cal Enrollment in Managed Care and Fee-For-Service (FFS), February 2024⁷

	Medi-Cal MCP Enrollment	Health Net	Kaiser Permanente	Anthem Blue Cross	Molina Healthcare	Partnership Health Plan	Health Plan of San Joaquin	Medi-Cal FFS Enrollment
Sacramento	593,983	145,114	129,467	248,184	71,218			30,394
Sonoma	135,227		25,316			109,911		2,425
Solano	140,752		37,474			103,278		3,677
Placer	77,130		17,352			59,778		1,704
Yolo	60,627		5,610			55,017		554
El Dorado	39,016		3,856	26,723			8,437	2,846
Napa	35,354		7,812			27,542		444
Calaveras	12,975	6,137		6,838				933
Amador	8,640	1,946	291	6,403				626
Alpine	278			233			45	45

□ = Health Plan does not operate in this county



FIGURE 10. Community Supports Elections by Managed Care Plans, March 2024⁸

COMMUNITY SUPPORTS	
	Housing Transition Navigation Services
	Nursing Facility Transition/ Diversion to Assisted Living Facilities
	Housing Deposits
	Community Transition Services/ Nursing Facility Transition to a Home
	Housing Tenancy and Sustaining Services
	Personal Care and Homemaker Services
	Short-Term Post-Hospitalization Housing
	Environmental Accessibility Adaptations (Home Modifications)
	Recuperative Care (Medical Respite)
	Medically-Supportive Food/ Medically Tailored Meals
	Respite Services
	Sobering Centers
	Day Habilitation Programs
	Asthma Remediation

	Anthem Blue Cross	Health Net	Kaiser Permanente	Molina Healthcare	Partnership Health Plan of California	Health Plan of San Joaquin
Sacramento	14	14	14	14		
Sonoma			13		8	
Solano			13		8	
Placer			13		14	
Yolo			13		8	
El Dorado	14		14			14
Napa			13		8	
Calaveras	14	14				
Amador	14	14	14			
Alpine	14					14

*Some Community Supports may not be available to all members or in all areas of the county.

FIGURE 11. Community Supports in Calendar Year 2022⁹

**TOTAL NORTH CENTRAL COUNTIES
MANAGED CARE PLAN (MCP)
MEMBERS***

1,002,720



	Total MCP Members*	Number of Services Available**	Number of Services Provided [§]	Utilization Rate ^{§§}
Sacramento	532,691	14	4,507	85
Sonoma	125,968	6	326	26
Solano	132,252	6	12	1
Placer	62,067	11	195	31
Yolo	60,295	6	17	3
El Dorado	35,873	9	14	4
Napa	33,830	6	422	125
Calaveras	11,683	8	#	#
Amador	7,811	10	#	#
Alpine	250	10	0	0

* Total MCP Members Enrolled in Average Month | ** Number of Community Supports Offered by One or More MCPs

§ Total Number of Community Supports Provided to MCP Members | §§ Number of Community Supports Received per 10,000 MCP Members

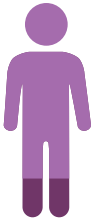
denotes a number under 11 or a number that one can reasonably use to deduce a number under 11.



MEDICARE

FIGURE 12. Medicare Enrollment and Percent of Counties' Population, 2021^{5,8}

Total
Medicare Coverage
in the North Central
Counties
633,556 (17.8%)



	Medicare	Medicare Advantage	FFS	Dual Eligible** (March 2024) ⁵
Sacramento	242,206 (15.3%)	151,845 (62.7%)	90,361 (37.3%)	70,485 (29.1%)
Sonoma	103,251 (21.1%)	56,754 (55.0%)	46,497 (45.0%)	15,916 (15.4%)
Solano	75,901 (16.7%)	42,703 (56.3%)	33,198 (43.7%)	16,079 (21.2%)
Placer	84,382 (20.8%)	48,328 (57.3%)	36,054 (42.7%)	9,401 (11.1%)
Yolo	30,839 (14.3%)	16,594 (53.8%)	14,245 (46.2%)	7,023 (22.8%)
El Dorado	44,195 (23.1%)	18,891 (42.7%)	25,304 (57.3%)	5,389 (12.2%)
Napa	28,114 (20.4%)	13,231 (47.1%)	14,883 (52.9%)	4,524 (16.1%)
Calaveras	13,040 (28.8%)	1,502 (11.5%)	11,538 (88.5%)	1,935 (14.8%)
Amador	11,368 (28.1%)	3,263 (28.7%)	8,105 (71.3%)	1,368 (12.0%)
Alpine	260 (21.6%)	21 (8.1%)	239 (91.9%)	39 (15.0%)

**Dual Eligibles are those eligible for Medicare and Medi-Cal, also referred to as Medi Medis.

Due to small sample sizes and data privacy policies, percentages may equal more than 100 percent. Alpine county is particularly skewed.

FIGURE 13. Medicare Enrollment by Race/Ethnicity, 2021⁸

Sacramento



Sonoma



Solano



Placer



Yolo



El Dorado



Napa



Calaveras



Amador



White Black Latinx Other

Due to small sample sizes and data privacy policies, percentages may equal more than 100 percent. All race/ethnicity data is masked for Alpine county, therefore, this county is excluded from this figure.



NOTES

All decimals rounded to nearest tenth.

1. United States Census Bureau, [2020 Census Redistricting Data](#), Accessed: April 12, 2024.
2. UCLA Center for Health Policy Research, [2022 California Health Interview Survey](#), Public Use File, Accessed: April 12, 2024.
3. Covered California, December 2023, [Active Member Profile](#), Accessed: April 12, 2024.
4. Department of Health Care Services, [Medi-Cal Certified Eligibles Data Table by County and Dual Status](#), April 2024, Accessed: June 12, 2024.
5. Department of Health Care Services, [Medi-Cal Certified Eligibles Data Table by County and Aid Code Group](#), April 2024, Accessed: June 12, 2024.
6. Department of Health Care Services, [Medi-Cal Certified Eligibles Data Table Race/Ethnicity and Age](#), April 2024, Accessed: June 12, 2024.
7. Department of Health Care Services, [Medi-Cal Managed Care Enrollment Report](#), April 2024, Accessed: June 12, 2024.
8. Department of Health Care Services, [CalAIM Community Supports – Managed Care Plan Elections](#), June 2024, Accessed: June 12, 2024.
9. Department of Health Care Services, [County-Level Data Summary for Community Supports in CY 2022](#), Accessed: April 12, 2024.
10. Centers for Medicare and Medicaid Services, [Medicare Geographic Variation – by National, State & County](#), 2021, Public Use File, Accessed: April 12, 2024.

Each year ITUP releases Regional Health Coverage fact sheets for its 10 ITUP Regional Equity Collaborative locations (formerly ITUP Regional Workgroups). These publications are overviews highlighting key coverage facts across all coverage types county-by-county.

About ITUP

ITUP is an independent, nonprofit, health policy institute that has been a central voice in the California health landscape for more than two decades. ITUP serves as a trusted expert, grounded in statewide and regional connections with a network of policymakers, health care leaders, and stakeholders. The mission of ITUP is to promote innovative and workable policy solutions that expand health care access and improve the health of all Californians.

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- California Health Care Foundation
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