

POLICY TOOLKIT

ITUP
Insure the Uninsured Project

OCTOBER 2022

HEALTHY AGING IN CALIFORNIA



THIS TAILORED POLICY TOOLKIT combines the wide array of California initiatives and resources that support the physical health, independent living, and quality of life for older adults and people living with disabilities. It contains hyperlinks to help seamlessly navigate between the state agencies, programs and initiatives, policy plans, engagement opportunities, and additional resources that create California's healthy aging policy landscape.

ITUP Publications

[Transformation and Innovation: Advancing Health for California's Older Adults](#)

[Medicare and Health for Aging Californians Fact Sheet](#)

[CalAIM Summary and Timeline \(2022 Update\)](#)

[2022 Regional Health Coverage Fact Sheets](#)

[ITUP Blog: California's Final 2022-23 Budget](#)

California State Departments Administering Aging Services

[California Health and Human Services \(CalHHS\)](#)

[California Department of Aging \(CDA\)](#)

[California Department of Health Care Services \(DHCS\)](#)

[DHCS Office of Medicare Innovation and Integration \(OMII\)](#)

[California Department of Health Care Access and Information \(HCAI\)](#)

[California Department of Social Services \(CDSS\) Adult Services](#)

[California Department of Public Health \(CDPH\)](#)

[California Department of Developmental Services \(DDS\)](#)

Long-Term Care Facility and Service Regulators



[CDA Skilled Nursing Facilities](#)

[CDSS Community Care Licensing Division](#)

[CDPH Licensing and Certification Program](#)

Aging Fast Facts »

California 2020 Total Population: 39.5 million¹

By **2030**, California's population ages 60 and over is expected to:

Total 11.1 million, or 26% of CA's Population²

1 in 4 CA Medicare Members

are eligible for both Medicare and Medi-Cal, known as "dual eligibles" or "Medi Medis," for a total of **1.5 million** or **23% of all CA Medicare members^{3,4}**

2022 Health Insurance Enrollment Snapshot⁴

- ▶ Total Medicare Enrollment: 6.5 million (16% of the state)
 - Medicare Advantage (MA): 3.2 million
 - Medicare Fee-for-Service (FFS): 3.4 million

28.1% of CA adults 65+ live below their local county cost of living threshold in 2020⁵

1.4% of CA adults 65+ reside in nursing facilities/skilled nursing facilities in 2020^{2,6}

Explore more Aging Data through the Master Plan for Aging's [Data Dashboard](#).

FEDERALLY-APPROVED MEDICAID WAIVER INITIATIVES

1915(c) Home and Community-Based Services (HCBS) Waivers

- DHCS: AIDS Medi-Cal Waiver Program
- DHCS: Assisted Living Waiver (ALW)
- DHCS Home and Community-Based Alternatives (HCBA) Waiver
- DDS: HCBS Waiver for the Developmentally Disabled (HCBS-DD) Waiver
- DHCS/CDA: Multipurpose Senior Services Program (MSPP)
- DDS: Self-Determination Program

Integration of the Home & Community-Based Alternatives Waiver and the Assisted Living Waiver

1115 & 1915(b) CalAIM Waivers

- Long-Term Care Carve-In Transition
- Enhanced Care Management and Community Supports

General Aging & Long-Term Care Services



- CDSS In Home Supportive Services (IHSS) Program
- CDA Agencies on Aging
- DHCS Caregiver Resource Centers (CRCs) & Locations
- CDA Family Caregiver Services

Programs for Medicare/Med-Cal Dual Eligible Members



- DHCS Program of All-Inclusive Care for the Elderly (PACE) & FAQs
- DHCS Senior Care Action Network (SCAN) Health Plan
- DHCS The Future of Cal MediConnect
- DHCS Dual Eligible Special Needs Plans in California
- DHCS Integrated Care for Dual Eligible Beneficiaries

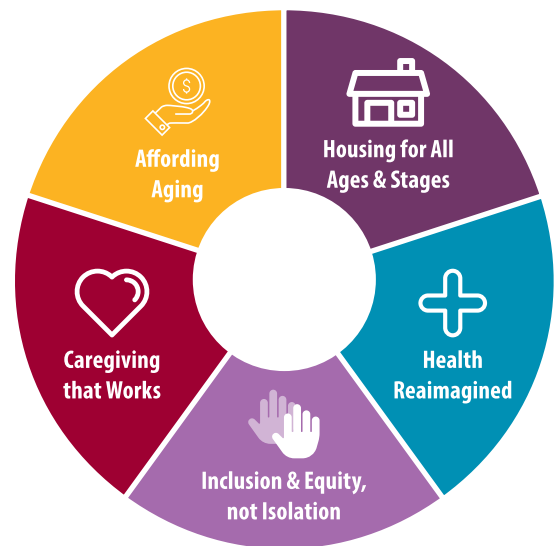
California Aging Policy Plans

- [January 2021 Master Plan for Aging \(MPA\)](#)
- [MPA's First Annual Progress Report \(January 2022\)](#)
- [2021-25 Older Americans Act \(OAA\) State Plan](#)
- [2021-22 Enacted State Budget: Master Plan for Aging Investments](#)
- [CDA 2022-23 Budget Briefing Presentation and Recording](#)

Data and Equity in Aging Policy: Learn More

- [DHCS February 2022 Profile of the California Medicare Population Report](#)
- [SCAN Foundation Building a Master Plan for Aging: Key Elements from States Planning for an Aging Population](#)
- [CHCF Long-Term and End-of-Life Care in California: Is California Meeting the Need?](#)
- [CHCF Publication: Using Data for Good: Toward More Equitable Home and Community-Based Services in Medi-Cal](#)

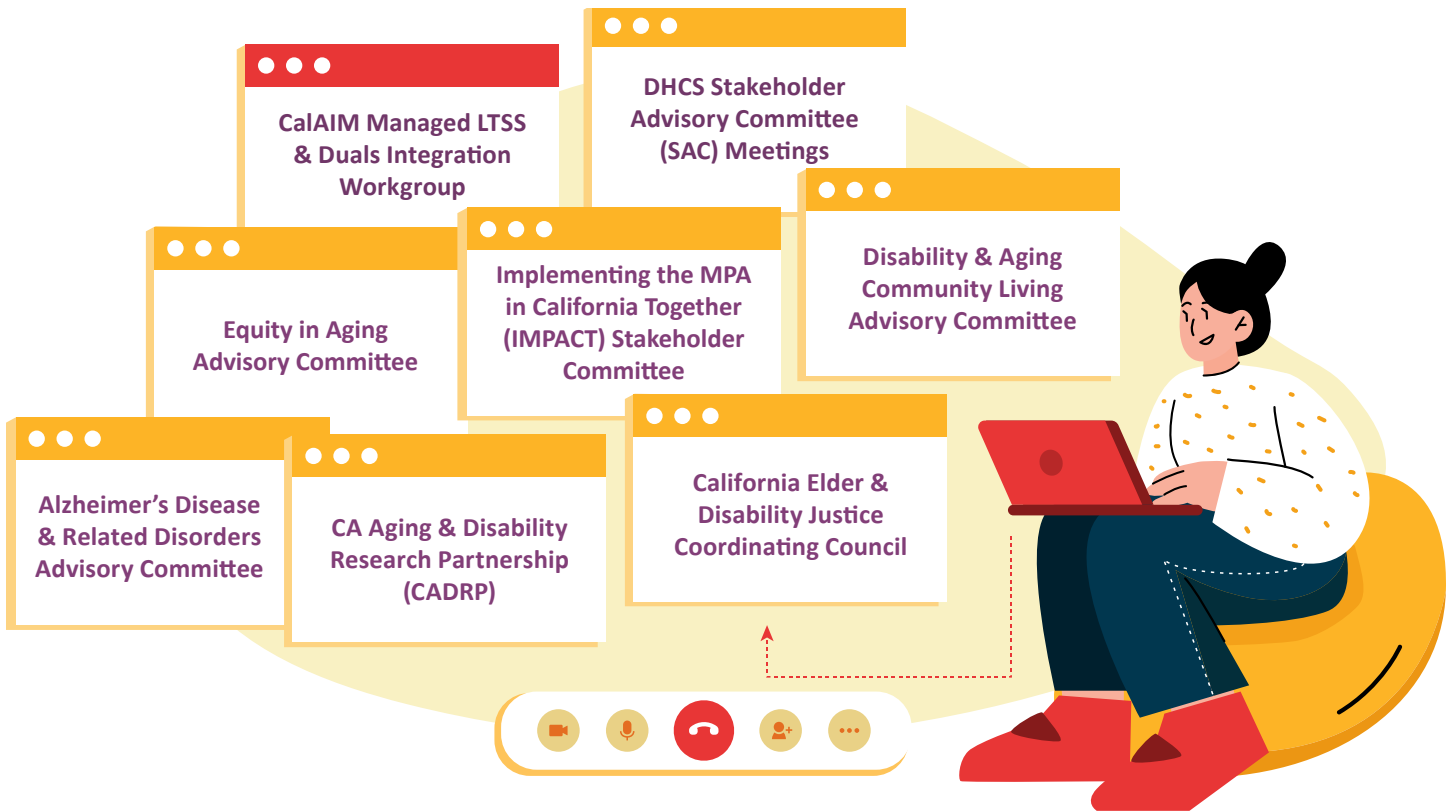
Master Plan for Aging: Five Bold Goals for 2030



Government Resources to Navigate California's Healthy Aging Policy Landscape

- [Master Plan for Aging](#)
- [CalHHS Involvement in the Master Plan for Aging](#)
- [DHCS Seniors Information](#)
- [CalDuals](#)
- [DHCS Medi-Cal Long-Term Care Reimbursement](#)
- [DHCS Fast Facts and Other Long-Term Care Information](#)
- [National Institute on Aging](#)
- [Federal Administration on Aging](#)

OPPORTUNITIES TO ENGAGE WITH AGING-RELATED STATE POLICYMAKING



► Available Recordings from Past CDA Webinars & Committee Meetings

Organizations Investing in California Aging Policy

- [The SCAN Foundation](#)
- [California Collaborative for Long Term Services and Supports \(CCLTSS\)](#)
- [California Association of Healthcare Facilities](#)
- [California Association of Area Agencies on Aging](#)
- [California Future Health Workforce Commission](#)
- [West Health](#)
- [Weingart Foundation](#)

Consumer Supports

- [Medicare Counseling \(HICAP\)](#)
- [DHCS Medi-Cal Outreach & Enrollment for Older Californians](#)
- [DHCS California Partnership for Long-Term Care](#)
- [Federal Eldercare Locator](#)
- [CDA: A Consumer's Guide to Long-Term Care](#)

REFERENCES

1. United States Census Bureau, [2020 Census Redistricting Data](#), Accessed: August 29, 2022.
2. State of California Department of Finance, [Population Pyramid 1970 to 2060](#), July 2021, Accessed: August 29, 2022.
3. Department of Health Care Services, [Medi-Cal Certified Eligibles Data Table by County and Dual Status](#), July 2022, Accessed: October 12, 2022.
4. Centers for Medicare and Medicaid Services, [Medicare Monthly Enrollment](#), 2022, Public Use File, Accessed: October 12, 2022.
5. UCLA Center for Health Policy Research, [2020 California Health Interview Survey](#), Public Use File, Accessed: August 29, 2022.
6. United States Census Bureau, [2020 American Community Survey 5-Year Estimates S2602](#), Accessed: August 29, 2022.