ITUP 27<sup>th</sup> Annual Conference

# CULTIVATING **AN EQUITABLE FUTURE OF** HEALTH

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ITUP **Insure the Uninsured Project** 



# INNOVATIVE CARE FOR THE UNHOUSED: LA COUNTY CASE STUDY



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CULTIVATING AN EQUITABLE FUTURE OF HEALTH Erin Jackson-Ward, DrPH(c), MPH (she/her) Director, Community Benefit Giving Office, Cedars-Sinai (Moderator)

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Cynthia Carmona, MPA (she/her) Owner, Carmona Insights



### **Cedars-Sinai Homelessness Grantmaking**

Erin Jackson-Ward

Community Benefit Giving Office

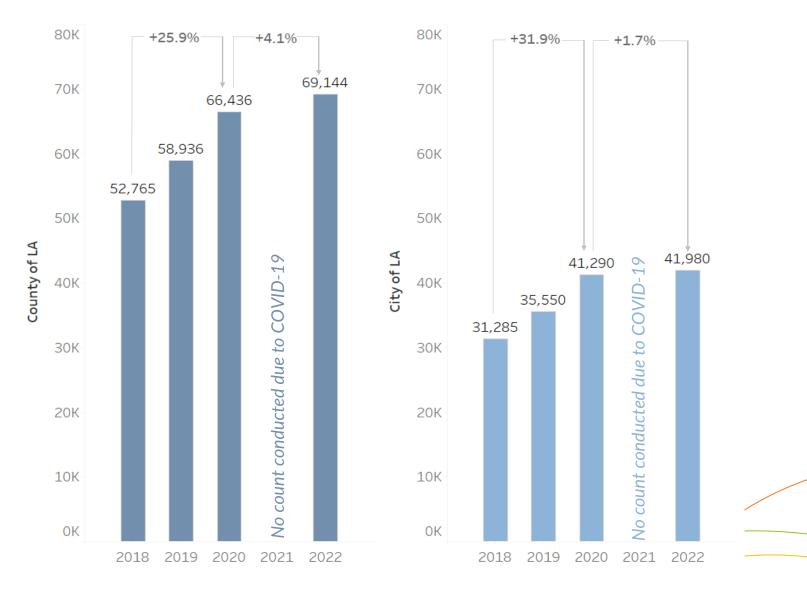


cedars-sinai.org

### **Overview | Current State of Homelessness in LA**

This year, we estimate that there are **69,144** people experience homelessness on any given night in LA County, a **4.1%** increase from 2020

Data from 2022 Greater Los Angeles Homeless Count





### **Grantmaking Priorities**

Increasing access to care, addressing social risk factors, and promoting civic engagement to improve health equity.

#### **Social Determinants of Health**

Increase the capacity of organizations to promote healthy environments in which people are born, grow, live, work and age; current initiatives focus on homelessness & housing, food insecurity and economic stability.



#### **Access to Care**

Increase the capacity of organizations to improve access to comprehensive, quality health care services for underserved populations; current initiatives focus on community clinics and behavioral health organizations.

#### **Civic Engagement**

Increase the capacity of organizations to address issues of public concern in partnership with local community efforts that align with Cedars-Sinai institutional priorities and geography; current initiatives focus on community wellbeing, community resilience, and civic partnerships.



### **Current and Future Priorities**

**OLDER ADULTS** 

Older adults account for 25% of LA County's homeless population, and Black older adults represent 39% of older people experiencing homelessness despite accounting for only 8% of the total population

#### HOUSING FOR HEALTH



The transition to CalAIM may provide opportunities for housing service providers to tap into Medi-Cal funding streams, but also presents challenges in implementation

#### YOUTH HOUSING SYSTEM



Homeless systems are not designed to best serve the needs of young people (16-25) experiencing homelessness and there is opportunity to build systems for meaningful youth decision-making

#### WORKFORCE



There is a need to creatively and equitably address recruitment, retention, and leadership pipelines in housing and homeless services



### **Historic Giving Snapshot | Homelessness & Housing**

Total Given From FY12 - FY21

FY21 Homeless & Housing Categories (#)



Cedars Sinai

### **Grant Highlights | Street Medicine**

### **Venice Family Clinic**



Photo: Cedars-Sinai

\$1,000,000 grant to build capacity of mobile unit operations and street outreach, stabilize workforce to support the unit, and improve health outcomes by connecting PEH to ongoing care and increasing connections to homeless service system

### **Healthcare in Action**



Photo: Nelvin C. Cepeda/The San Diego Union-Tribune

\$500,000 grant to launch a new street medicine team in the San Fernando Valley; review LA County data to inform development of a roadmap for future expansion of services based on regional needs and internal resources.





# Street Medicine: "Go to the people, then go where they go"

#### Brett J. Feldman, MSPAS, PA-C

Director, Division of Street Medicine Keck School of Medicine of USC

Past- Vice Chair Street Medicine Institute

February 7, 2023 | ITUP



Keck School of Medicine of USC Street Medicine



# **Defining Street Medicine**

- Direct delivery of healthcare to the unsheltered population
- Care performed on the street
- Done through walking rounds
- "Go to the People"

# Why Street Medicine is needed

- Financial
- Environmental and social barriers
- Competing priorities of basic survival needs
- Wait times exceed planning horizon



# **Scope of Practice**



- Full-service primary care: acute and chronic illness
- Diagnosis and treatment of mental health disorders
- Treatment for substance use disorders
  - MAT, suboxone distribution
- Dispense medications on the street
- Draw blood on the street
- Ultrasound
- EKG





# Why is Street Medicine> Medical Van?

### **Continuum of Medical Outreach**



Image from Street Medicine or Mobile Medical Unit? Considerations for Expanding Medical Outreach National Health Care for the Homeless Council (nhchc.org)

# **Street Medicine in Public Health**

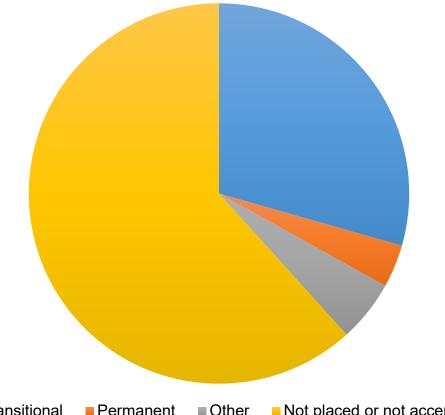


- Outbreak management: COVID, syphilis, lice, scabies, typhus, etc.
- Monitor food and water availability and safety

### Personal and encampment hygiene

# **Catalyst for housing**

### **Housing Placements**



### 38% housing placement

Note: Transitional housing placements boosted by Project Room Key

Transitional Other Not placed or not accepted Permanent

# **Street Medicine Policy Innovations**

DHCS Collaboration outcomes:

- 1. Clarification permits street medicine billing
- Hospital Presumptive Eligibility extended to the street to enroll in Medi-Cal
- 3. All Plan Letter(APL) defines Street Medicine as Direct Access and/or Primary Care clinicians
- 4. CalAim and CalAim-PATH funds non-clinical staff
- 5. Housing and Homelessness Incentive Funding (HHIP) incentivizes health plans to contract with street medicine

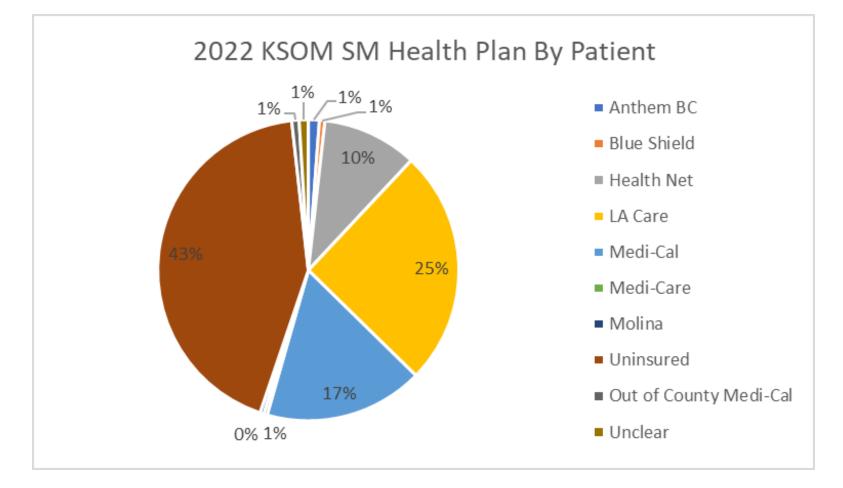
# Challenges with Unsheltered in Managed Care

- Questions surround equitable payment models
  - Role in public health
  - No pre-screen for insurance
  - Unfavorable Relative Risk Score 5.93+ for 100% of patient<sub>1</sub>
  - Treat first, ask questions later
    - Documents, dispensing meds

1. Ash AS, Mick EO, Ellis RP, Kiefe CI, Allison JJ, Clark MA. Social Determinants of Health in Managed Care Payment Formulas. JAMA Intern Med. 2017 Oct 1;177(10):1424-1430. doi: 10.1001/jamainternmed.2017.3317. PMID: 28783811; PMCID: PMC5710209.

- Team Make-up
  - Provider (billable visits) role during non-provider tasks
  - CHW/ outreach worker as rate limiting team member

# Health Insurance Coverage Street View





### Brett J. Feldman, MSPAS, PA-C Brett.Feldman@med.usc.edu

### Resources:

<u>Brett Feldman TEDx Talk – Street Medicine: Caring for the Homeless with Radical Humility</u>

Invisible People – Street Medicine LA: Health Care in an Urban Homeless Crisis

Invisible People – Street Medicine Redding: Health Care to Rural Homeless Camps

Invisible People – Street Medicine Oakland: Team-based Homeless Health Care

Invisible People – Street Medicine Bakersfield: Reaching Homeless People through their Pets

2023 ITUP Annual Conference

# Innovative Care for the Unhoused: LA County Case Study

7 February 2023

Dr. Coley King Director of Homeless Services

> Venice Family Clinic

### **Venice Family Clinic and South Bay Family Health Care**



One combined organization, serving over 40,000 patients, with 4,000+ experiencing homelessness and close to 3,000 serviced through street medicine teams.

- Comprehensive Primary Care
- Substance Use Treatment
- Mental Health Services
- Vision
- Dental Care
- HIV & Harm Reduction Services
- Health Insurance Enrollment
- Health Education / Food Distributions
- Pharmacy
- Domestic Violence Counseling



### **Homeless Program Overview**

Began in the mid-80s

Comprehensive medical care

Trauma-informed care

Shower, clothing, food and transportation vouchers

Locations Served: 604 Rose Avenue, Mobile Clinics (3+), Street (Multidisciplinary Teams – 9), Shelters, Access Centers



Venice Family Clinic

For more information please visit our website at: venicefamilyclinic.org

Venice Family Clinic

Our clinics offer powerful partnerships and capabilities

Fully stocked and staffed, including;

Substance use treatment

housing services

Health education

Dentistry

· Specialists

· Case management, including

Primary care
Mental health

Private

Y Mobile Clinic

H A

### Venice Family Clinic

### **A Model of Street Medicine**

Venice Family Clinic provides care to our neighbors experiencing homelessness through our street medicine model. The newest part of this model is a compact, easy to drive mobile clinic that allows us to increase care in the field while continuing to connect our patients to the services available in our clinics. Our model relies on partnerships with housing specialists, because for people to be healthy they must be housed.

#### Satellite locations with partners are key access points for care

We co-locate clinics within homeless service agencies or bring care to partners' sites using our mobile clinics and care teams.

FH

The backpack is the foundation of street medicine

 Highly mobile
 Electronic health record (EHR) connectivity when there is mobile service
 Basic equipment and

supplies

Backpack

Lightweight supplies e.g., • Stethoscope

cuff

Bandages

Blood pressure

contents

This tool is used by clinicians in street outreach, who partner with multidisciplinary teams that include nousing special sts and social workers. The mobile clinic moves more primary and chronic care closer to the patient

- Mobile, can go anywhere a personal vehicle can
- Full EHR connectivity
- Compact equipment and supplies
- Multidisciplinary team of
- clinicians, housing specialists, social workers, and room for
- extended clinical staff
- Some patient privacy

Auxiliary antenna provides super connection wherever the van go

EE

Van contents

Sign ficantly more supplies than the backpack space for tablequipment and cold storage for meds and vaccines e.g., EKG, portable ultrasound, rapid A1C diabetes tests, refuige ator centrifuge, and scale

#### Training and curriculum enable us to scale this model

Our street medicine leaders train nursing staff, residents and students in the specialized practice of street medicine by including them on outreach teams. Venice Family Clinic has also developed a written street medicine curriculum.



### **Tying it All Together: Princess**

- Connected with patient through long-term engagement
  - Including residents and medical students while incorporating the Street Medicine Curriculum & Training Program
- Use of mobile clinic and supportive staff essential in managing complex medical concerns, vaccinations, and medication management
- Partnership with homeless service provider outreach team assist with patient access to in clinic services (extensive lab work, etc.)
- Challenges
  - Lack of available space in higher level of care programs (e.g. Full Service Partnerships FSP)
  - Challenges of health insurance covering specialty treatment



# Thank you.

Dr. Coley King Director of Homeless Services





### INNOVATIVE CARE FOR THE UNHOUSED: LA COUNTY CASE STUDY

Cynthia Carmona, MPA









- Pay Room and Board
- Data Exchange
- Grantmaking for Equipment (vans, etc.)
- Recuperative Care
- Pandemic Needs (transportation, etc.)



**Government Programs** 

- Medi-Cal Program
- Enhanced Care Management
- Community Supports
- Incentives (IPP & HHIP)
- Street Medicine Guidance

### L.A. County HHIP Priorities

DHCS Housing & Homelessness Incentive Program



#### Infrastructure

Data Exchange; HMIS Connectivity; Workforce Development; Medi-Cal Application & Renewal Assistance



#### **Street Medicine**

Stabilization, Primary Care and Beyond; Inclusion of BH and PH partners; Integration of Street Medicine into HIE;

TA & capacity building



#### CalAIM ECM & CS

Grow utilization of housing-related Community Supports; Increased ECM enrollment for people experiencing homelessness



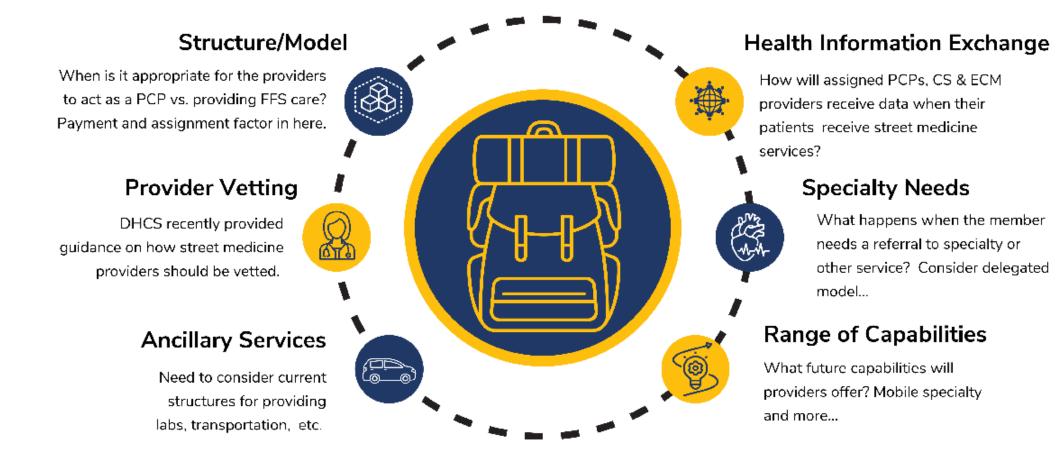
#### **Unit Acquisition**

Add capacity by covering non-rent costs for landlords; Increase use of tenantbased vouchers; Cover "slots" to unlock other housing stock funding

#### **ADL Expansion**

Field-based assessment teams; Caregiving in interim housing; Enhanced services funding for placement into ARFs/RCFEs

### **Street Medicine Managed Care Considerations**



# CARMONA INSIGHTS

### **Thank You!**



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# **QUESTIONS?**

# ITUP 27<sup>TH</sup> ANNUAL CONFERENCE

# **Evaluations**

Please complete the Conference evaluation <u>at the end of</u> <u>the conference</u> by scanning the QR code below!



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