



## From Crisis to Care: A Policy Forum on Maternal Mental Health

May 21, 2025

1:00 p.m. – 2:00 p.m. PT

### ITUP Resources:

- Check out all ITUP publications: <https://www.itup.org/publications/>
- Check out today's event agenda here: <https://www.itup.org/wp-content/uploads/2025/05/FINAL-Maternal-Mental-Health-Policy-Forum-Agenda.pdf>
- Be sure to sign up for ITUP's Weekly Newsletters here: <https://www.itup.org/publications/newsletter-signup/>
- Check out ITUP's Fact Sheet, Mobilizing Doulas: Advancing Equitable Maternal Health Outcomes in California: <https://www.itup.org/mobilizing-douglas-advancing-equitable-maternal-health-outcomes-in-california/>
- Check out ITUP's Policy Toolkit: Behavioral Health in California: <https://www.itup.org/behavioral-health-in-california-itup-policy-toolkit/>
- Check out ITUP's Mini Blog – Advancing Women's Health in California: <https://www.itup.org/itup-mini-blog-advancing-womens-health-in-california/>
- Check out ITUP's Fact Sheet, California Health Care Specialty Workforce Shortages Fact Sheet: <https://www.itup.org/california-health-care-specialty-workforce-shortages-fact-sheet/>
- Check out ITUP's Fact Sheet, Community Health Workers and the Health Care Delivery System: <https://www.itup.org/community-health-workers-and-the-health-care-delivery-system/>
- Check out ITUP's Doulas Policy Forum Recording and Resources: <https://www.itup.org/events/itup-douglas-policy-forum-march-27-2025/>
- To stay updated on all upcoming ITUP events, publications and workshops be sure to sign up for ITUP's Weekly Newsletters here: <https://www.itup.org/publications/newsletter-signup/>
- Register for ITUP's Next Policy Forum – **Confronting Social Forces Driving Incarceration** on Thursday, June 26, 2025 from 1:00 p.m. – 2:00 p.m. PT: [https://us02web.zoom.us/webinar/register/WN\\_tY0Z9DV2SO-CEn1ivNhQfA#/](https://us02web.zoom.us/webinar/register/WN_tY0Z9DV2SO-CEn1ivNhQfA#/)



- Support Health Policy in California – Donate Today:  
<https://donate.stripe.com/9AQdUo6AV04S00MdQS>
- ITUP values your feedback – please complete the event evaluation:  
<https://www.surveymonkey.com/r/VGHBW3>

#### **Legislative Resources:**

- Learn more about SB 626 Perinatal health screenings and treatment (2025):  
[https://leginfo.legislature.ca.gov/faces/billNavClient.xhtml?bill\\_id=202520260SB626](https://leginfo.legislature.ca.gov/faces/billNavClient.xhtml?bill_id=202520260SB626)
- Learn more about AB 2581 Healing Arts: Continuing Education - Maternal Mental Health (2024):  
[https://leginfo.legislature.ca.gov/faces/billNavClient.xhtml?bill\\_id=202320240AB2581](https://leginfo.legislature.ca.gov/faces/billNavClient.xhtml?bill_id=202320240AB2581)

#### **Other Resources Shared:**

- Check out Maternal Mental Health Leadership Alliance (MMHLA) for all their work focused on maternal mental health - get involved and stay engaged!: <https://www.mmhla.org/>
- Learn more about Maternal Mental Health NOW: <https://maternalmentalhealthnow.org/>
- Check out the work that Blue Shield of California Promise Health Plan is doing:  
<https://www.blueshieldca.com/en/bsp>
- Learn more about services offered by the Women Veterans Health Care for Pregnancy and Mental Health: <https://www.womenshealth.va.gov/topics/pregnancy-and-mental-health.asp>
- Learn more about the Los Angeles Maternal Mental Health Access (LAMMHA) program:  
<https://ccalac.org/los-angeles-maternal-mental-health-access-lammha/>
- And please see here re: what the California Health Care Foundation is doing re: MMH:  
<https://www.chcf.org/resource/improving-maternal-mental-health-care/>
- Check out the California Department of Public Health's information on the National Maternal Mental Health Hotline 1-833-TLC-MAMA (1-833-852-6262):  
<https://www.cdph.ca.gov/Programs/CFH/DMCAH/Pages/Communications/Maternal-Mental-Health.aspx#:~:text=Here's%20what%20do%20if%20you,%2C%20during%2C%20and%20after%20pregnancy.>



- Learn more about the Health Resources & Service Administration (HRSA) Maternal, Infant, and Early Childhood Home Visiting (MIECHV): <https://mchb.hrsa.gov/programs-impact/maternal-infant-early-childhood-home-visiting-miechv-program>