



Challenges in Care Management for Children: Two Examples

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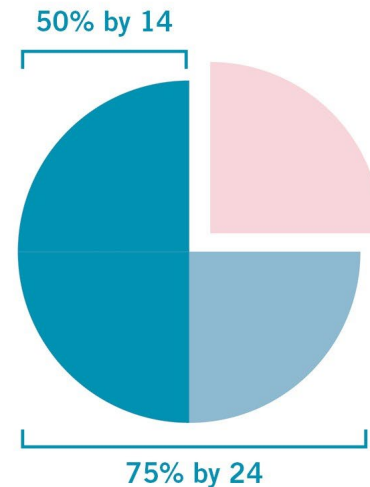


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Example 1: Children's Mental Health in California

Mental illness is a disease of youth

50% OF ALL LIFETIME CASES OF MENTAL ILLNESS BEGIN BY AGE 14 AND 75% BEGIN BY AGE 24.



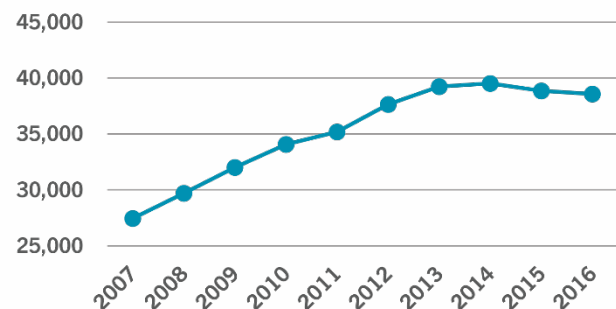
Source: Arch Gen Psychiatry



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Access to Services for Kids is Very Poor...Despite Federal EPSDT Mandate!

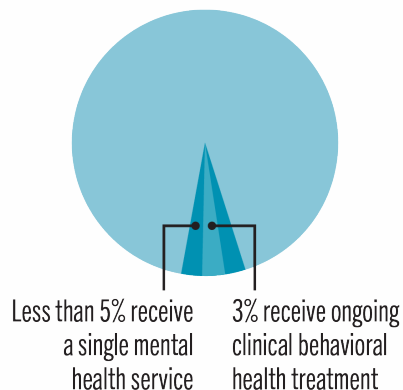
CALIFORNIA HOSPITALIZATIONS FOR MENTAL HEALTH ISSUES (AGES 5-19)



There aren't enough places for youth with mental health issues to get the treatment they need...



YOUTH ENROLLED IN MEDI-CAL



For every 100,000 youth in the state, California has only 13 practicing board-certified child and adolescent psychiatrists. There is a need for 47.



45% of the state's psychiatrists are over the age of 60 and will likely retire in the next 10 years



Improving Mental Health Services for Kids Will Take A lot of Work: Our Recommendations

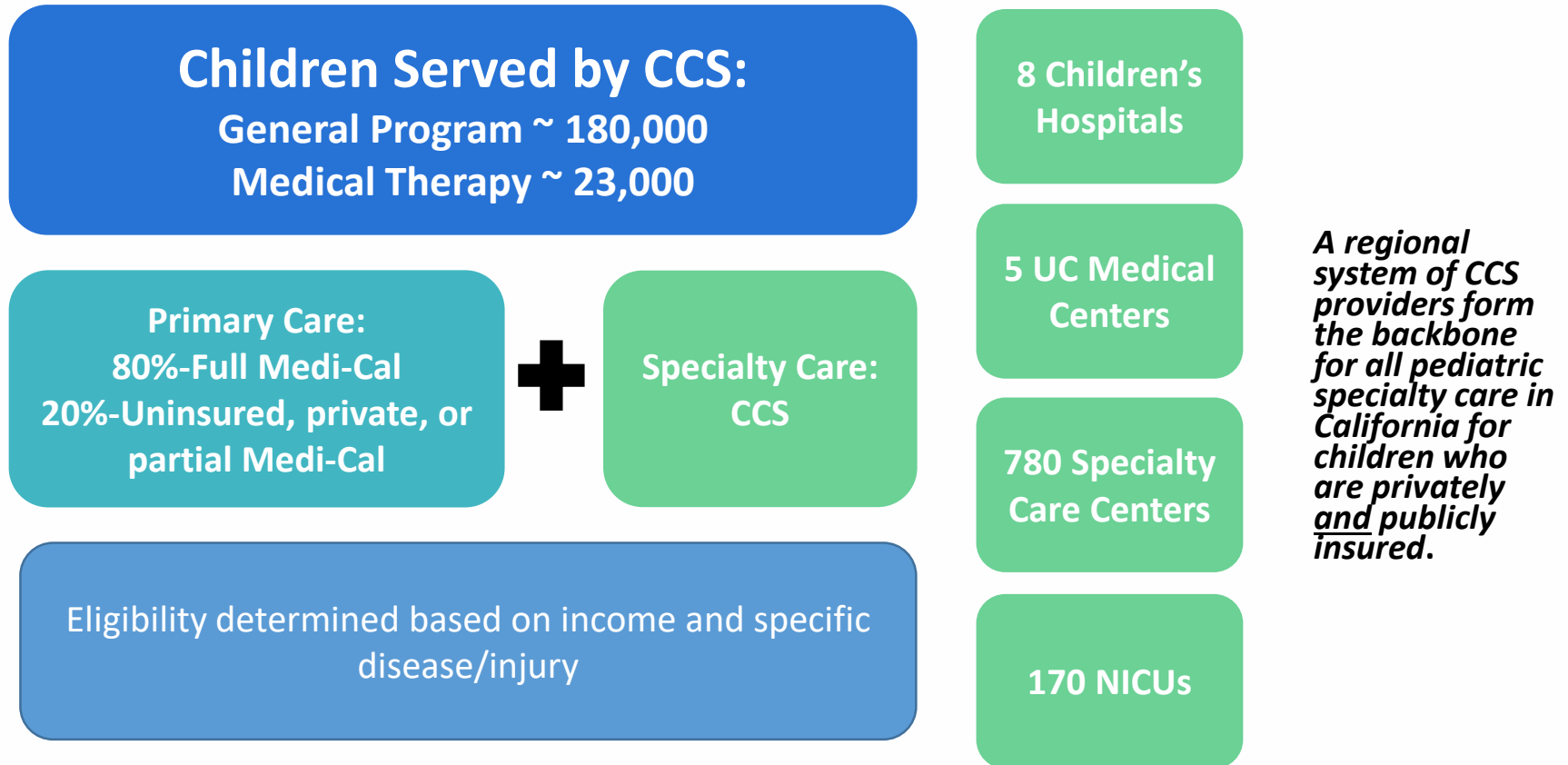
- Set Clear goals
- Enforce existing laws (EPSDT and MH parity)
- Support early intervention programs
- Address gaps in services, like lack of IOP/PHP
- Support coordination among providers
- Improve care coordination
- Invest in behavioral health workforce
- Encourage interagency collaboration

...See our Fact Sheet for More Information!



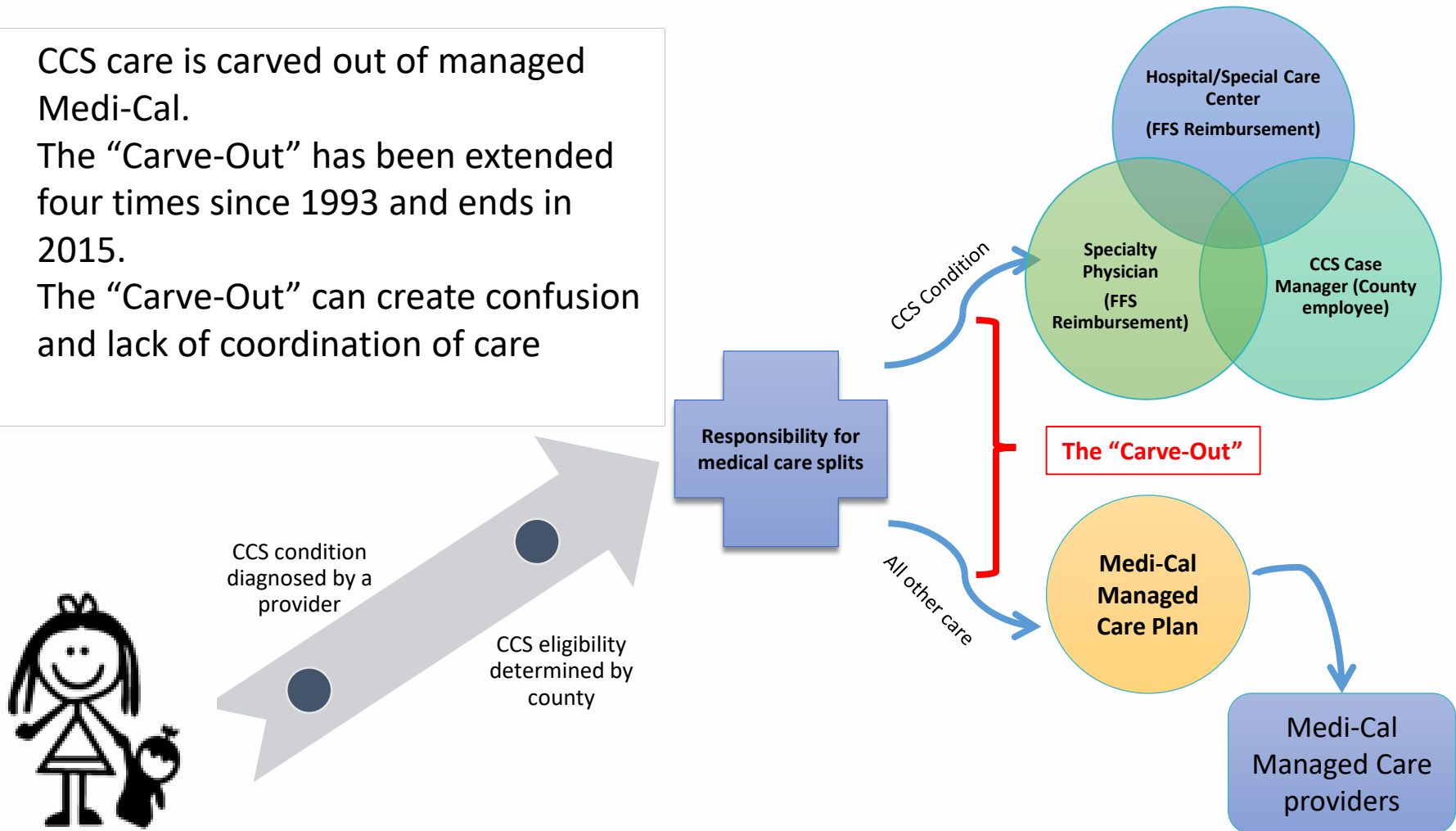
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Example 2: California Children's Services Program



How do CCS & Medi-Cal Interact?

- CCS care is carved out of managed Medi-Cal.
- The “Carve-Out” has been extended four times since 1993 and ends in 2015.
- The “Carve-Out” can create confusion and lack of coordination of care



CCS and Managed Care: A Comparison

Traditional Managed Care



Provider network – Usually geographic



Utilization review process



Quality improvement programs



Emphasis on preventative care



Primary Care Physician oversees care



Capitation



High quality care, wellness, cost containment

CCS – Fee for Service on Managed Care Principles



Regional system of providers based on specialty and need



Case managers authorize treatment, equipment, services, etc.



Provider quality standards



Emphasis on specialty care for complex cases



Nurse case manager coordinates care



Fee for service



“Right Care at Right Place at Right time”

