

Current Challenges to Address

Each county manages behavioral health benefits

- Administrative infrastructure and economy of scale inefficiencies
- Population density, rural areas or counties, and other unique demographics

Inefficient, Fee-For-Service Reimbursement Structure

- Arduous documentation requirements (diagnosis, treatment plan, and progress notes all used to substantiate medical necessity)
- Not designed to truly “manage care”

Cross-System Care Coordination

- High cost beneficiaries driving physical health care costs
- Reduced lifespan due to comorbid physical illness
- Information-sharing between providers and plans

Four Key Strategies for Achieving Better Health Outcomes

1. Promote regional approaches
2. Increase financial efficiency & effectiveness
3. Promote care coordination
4. Support integration of mental health and substance use disorder services